





PHOENIX 7 DAY FORECAST



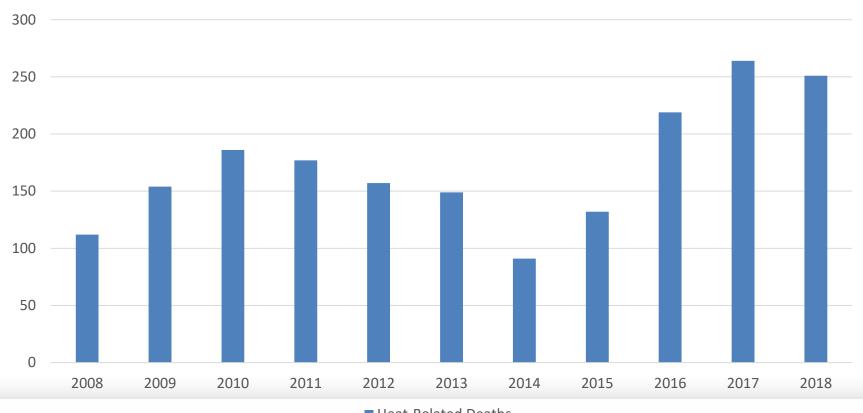
SAT	SUN	MON	TUE	WED	THU	FRI
禁	禁	禁	禁	澿	禁	禁
110	114	118	121	119	116	112
80	85	89	89	88	86	86
O% Sunny	0% Sunny	O% Sunny	O% Sunny	0% Sunny	0% Sunny	O% Sunny

AIR QUALITY ALERT

... HIGH POLLUTION ADVISORY FOR MARICOPA COUNTY INCLUDING THE GREATER PHOEN

Heat Deaths in Arizona

Heat-Related Deaths



■ Heat-Related Deaths

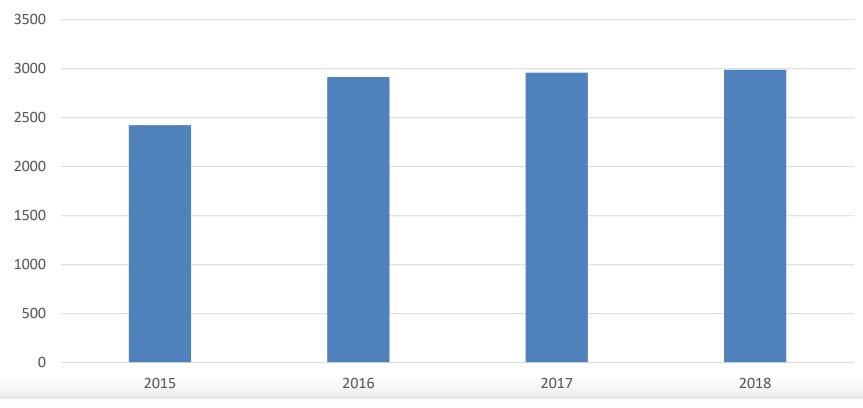


2018 Arizona Heat Deaths Summary

- **75%** were Arizona residents
- 58% were over 55 years old
- **79%** were Male
- Most Deaths occurred in (Maricopa, Pima, Mohave, and Pinal)
- 98% of cases occurred from May September

Heat Illness Emergency Department Visits in Arizona

Emergency Department Visits







2018 Arizona Heat Illness Summary

- **88%** were Arizona residents
- **45%** were Young Adults 20-44
- <u>68%</u> were Male
- Most cases occurred in (Maricopa, Pima, Pinal, and Yuma)
- 93% of cases occurred from May September

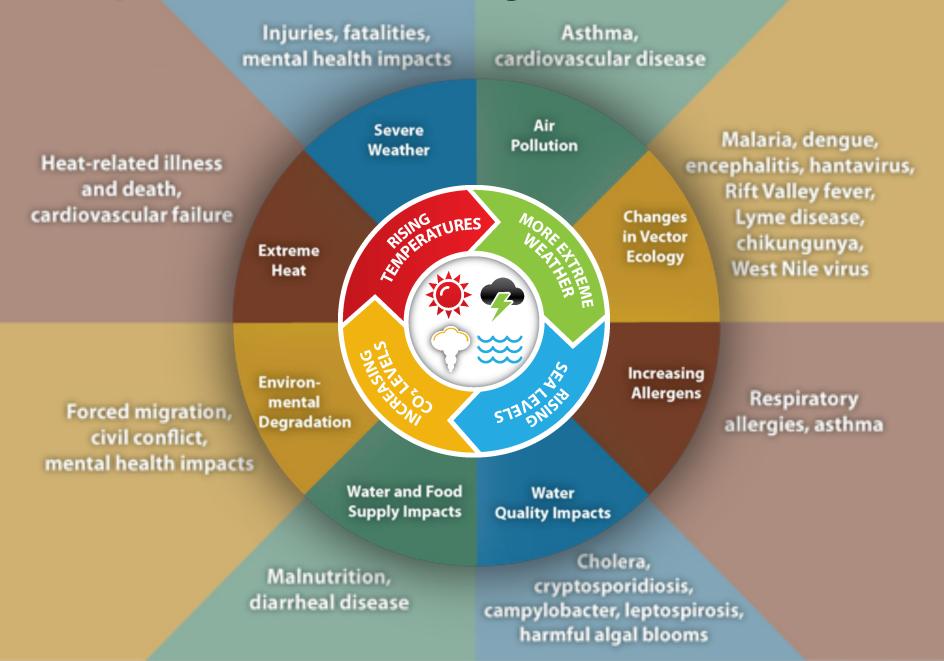








Impact of Climate Change on Human Health



Health Department Programs Working on Drought Issues

Environmental Public Health Tracking

Climate and Health

Well Water Safety

Food Safety

Emergency Preparedness

Environmental Public Health Tracking azdhs.gov/epht



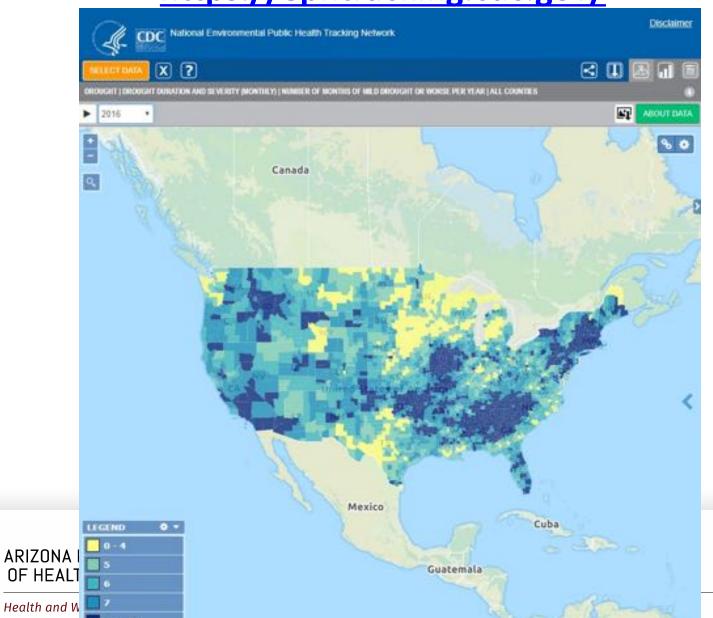


CDC's National Environmental Public Health Tracking Program





CDC National Tracking Website Data Explorer https://ephtracking.cdc.gov/



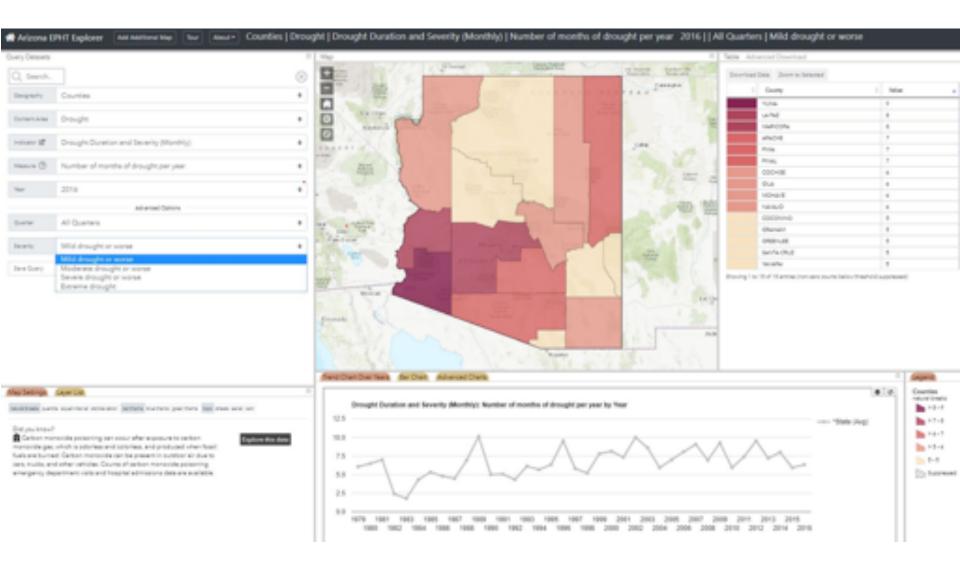
Climate Data

Environmental

- Drought
- ExtremePrecipitation
- Flood Vulnerability
- Temperature
- Heat Vulnerability
- Wildfires
- Hazard Losses
- Air Quality

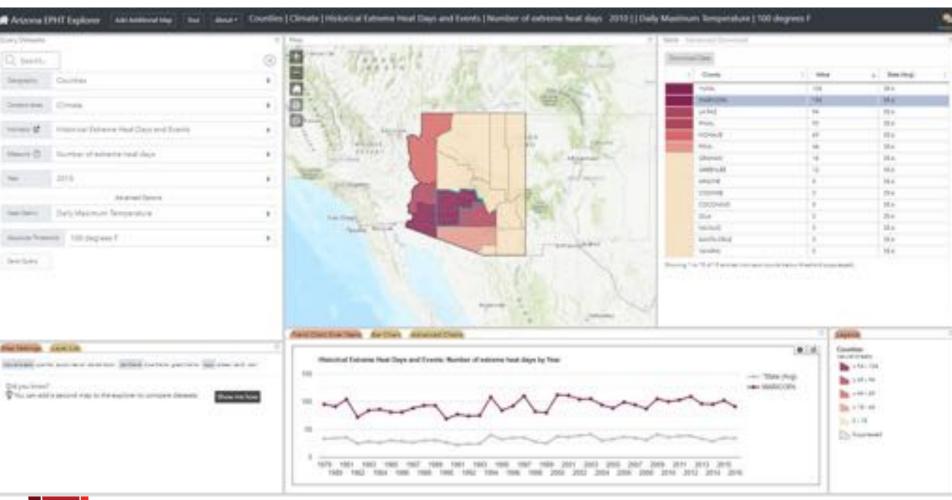
Health Outcomes

- AsthmaHospitalizations
- Cold StressHospitalizations
- HeatHospitalizations
- Heat Deaths

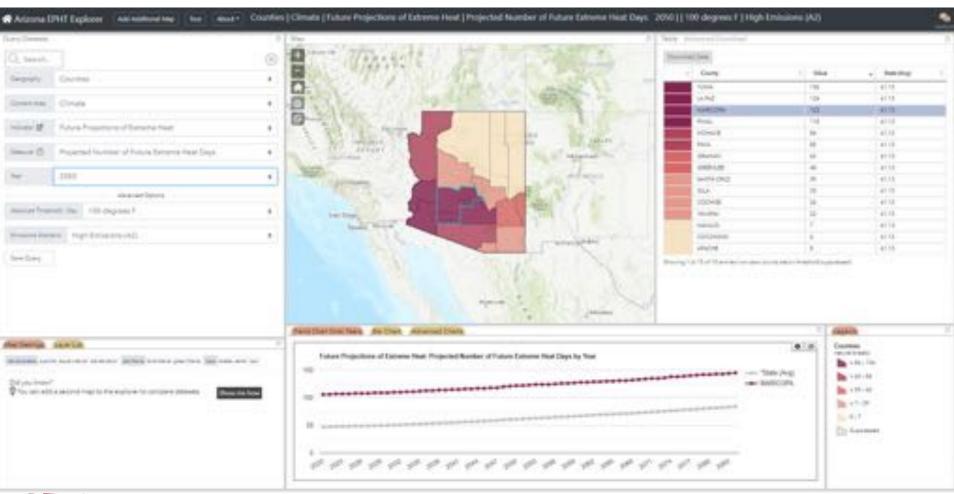




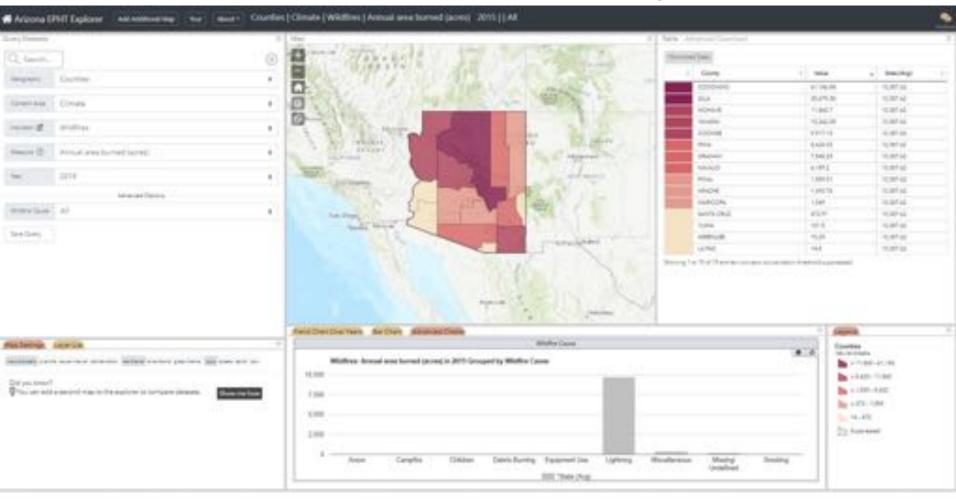
Number of Extreme Heat Days



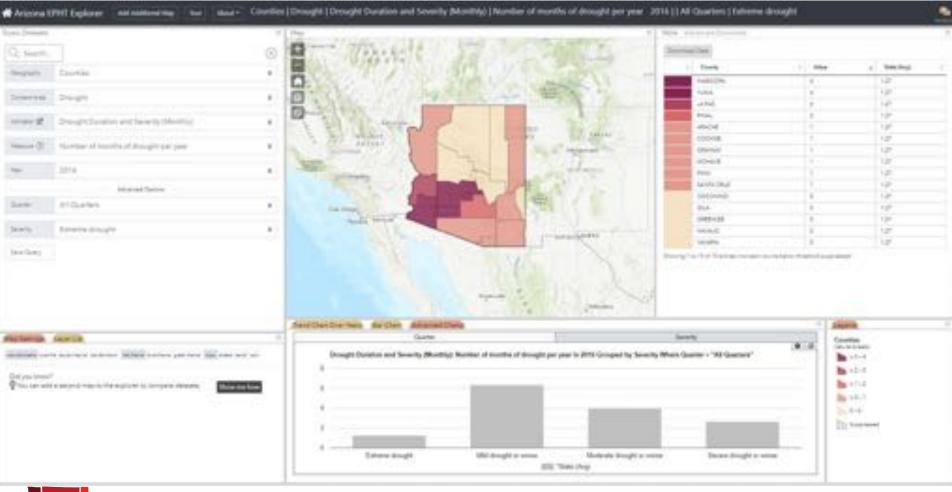
Future Number of Days over 100 Degrees



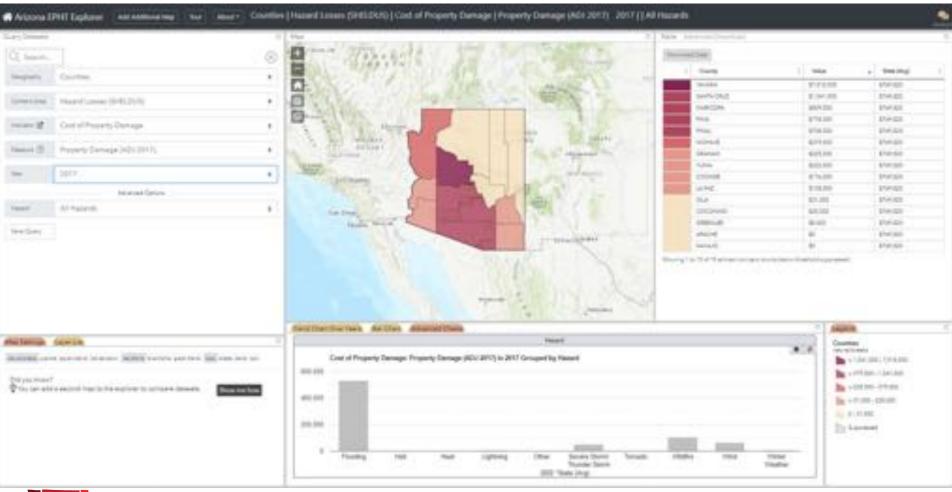
Number of Acres Burned by Wildfires



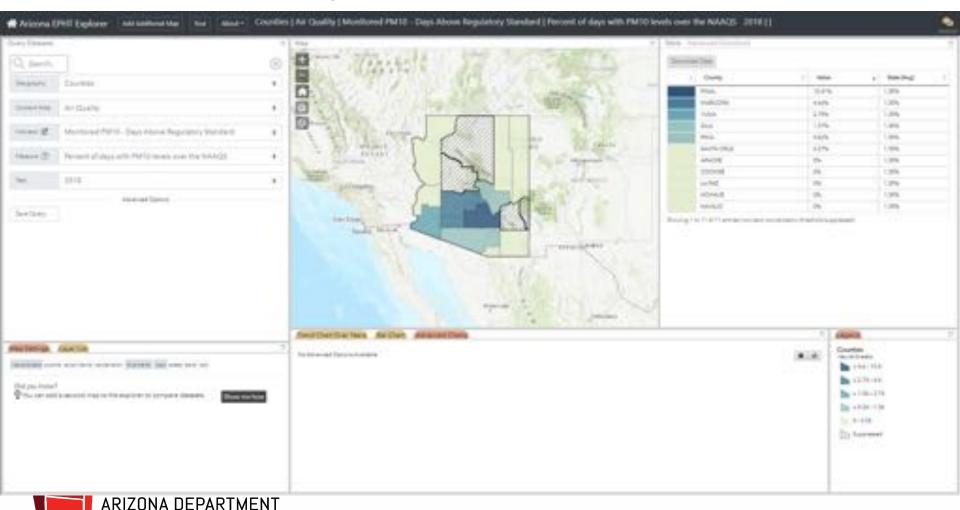
Number of Months of Extreme Drought Per Year



Cost of Property Damage from Natural Hazards

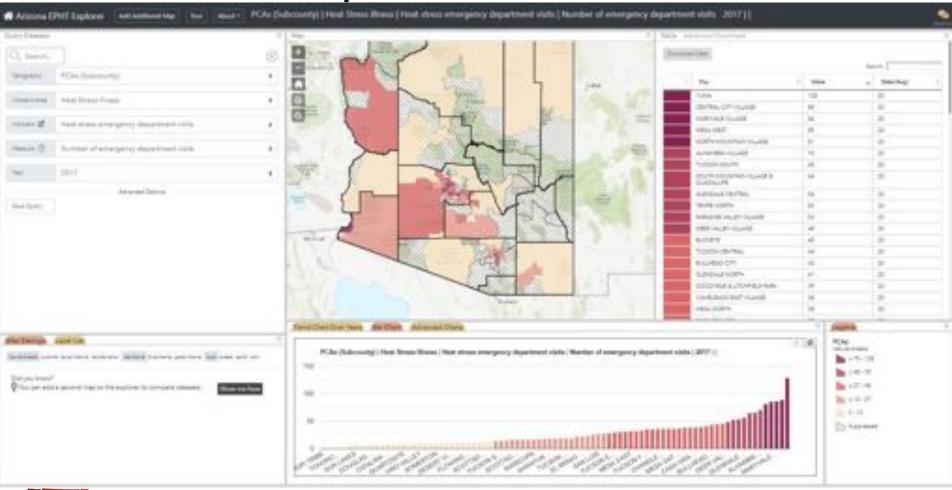


Percent of Days Annually Above the Air Quality Standard for PM10

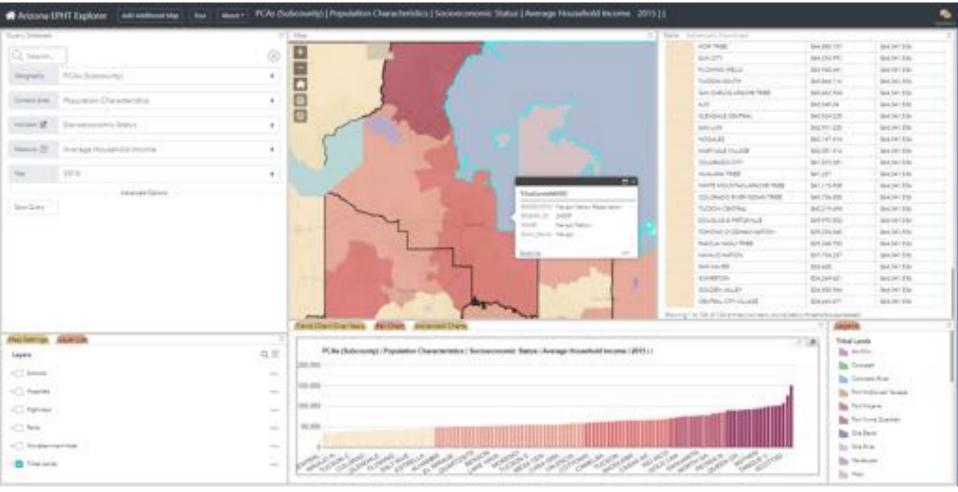


OF HEALTH SERVICES

Number of Heat Illness Emergency Department Visits

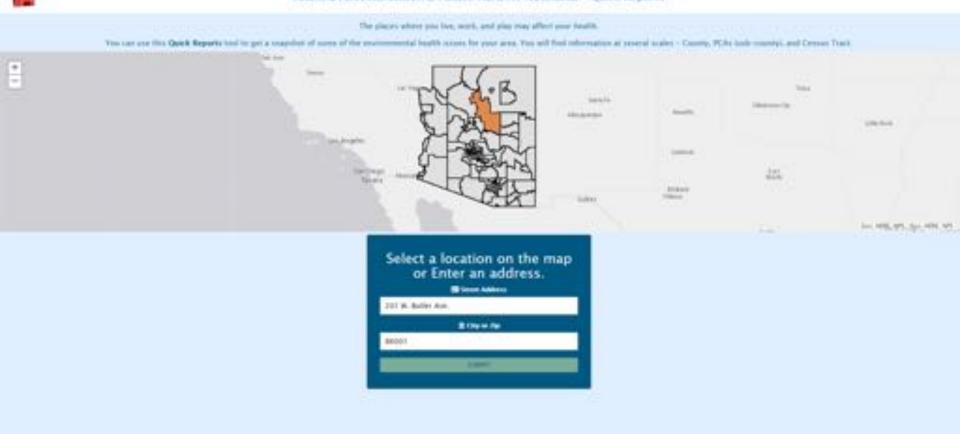


Tribal Lands on the Data Explorer



Quick Reports Tool

ARIZONA ENVIRONMENTAL PUBLIC HEALTH TRACKING - Quick Reports





Flagstaff, Coconino County

Extreme Heat



Coconino County had 4 Days with maximum temperatures above 90°F and 29 Heat-related Emergency Department visits during May-September 2016.

Heat-related death or illnesses are preventable if you follow a few simple steps.

- · Stay cool.
- · Stay hydrated.
- · Stay informed.



2016 Maximum heat event

Extreme summer heat is increasing in the United States, and climate projections indicate that extreme heat events will be more frequent and intense in coming decades. Extremely hot weather can cause illness or even death. Knowing how hot it gets in your area can help you prepare for extremely hot temperatures and prevent heat related illness.

Take Action: Cool off at local cooling centers - Maricopa, Pima, Pinal

Discover the data | More Info | Export to PDF

2019 date from the Artesia Sciencescond Public Health Toronton Advances





Participate in the 2020 State Heat Planning Meeting (April 13,2020)



Climate and Health





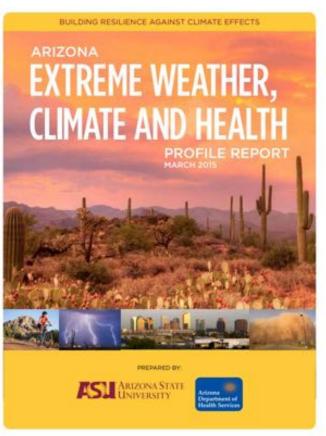
CDC Climate Ready States & Cities Initiative Grantees

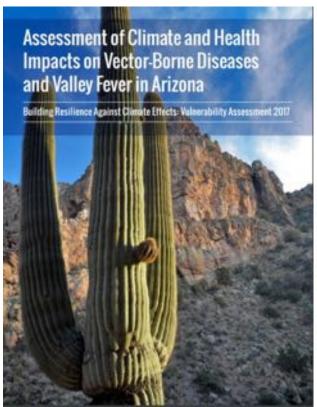


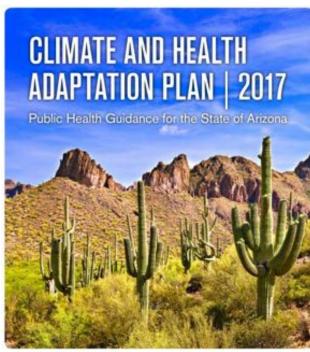
CDC Climate-Ready States & Cities Initiative Grantees



ADHS Reports





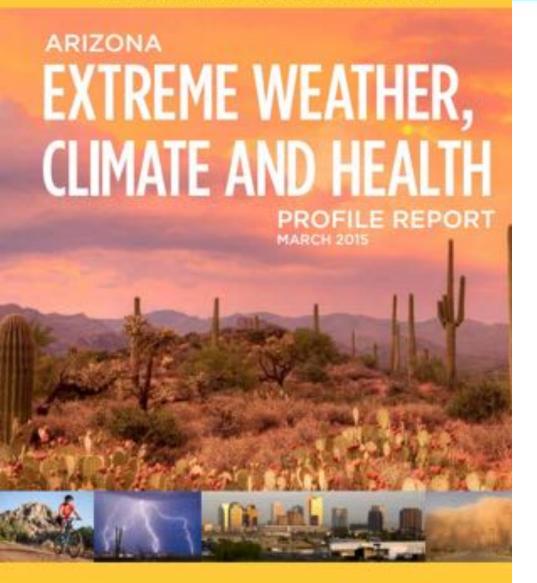












PREPARED BY





EXECUTIVE SUMMARY

Rationale and objectives

Observed and projected changes to the climate (a more/less precipitation and higher temperatures) can pose significant health risks to the residents of Arizona. As in other locations in the Southwest across the United States, and around the world, these changes are likely to coincide with an

increased frequency of drought, flooding, severe heat events, and wildfires; and disruption of civil infrastructure, including transportation, energy, an water systems. These impacts can lead directly to illness and death and are likely to worsen existing health conditions, such as cardiovascular diseases asthma, and other respiratory illnesses.

A number of other factors are expected to compound these health issues. Achieving air qual goals may be more difficult because of changes

forecasting climate impacts and assessing uninentialities

Drivers of Health Risks Associated with Drought

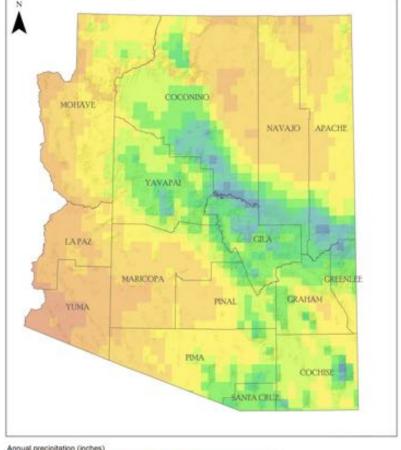
- Climate
 - Atmospheric composition and changes
- Individual
 - Behavior, age, health status, time lived in AZ, preexisting medical conditions
- Societal
 - Population size, population demographics, interventions/policy efforts

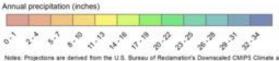
Drought Hazard Risk Categories

- <5 inches*
- 5-10 inches*
- 10-15 inches*
- 15-20 inches
- >20 inches
 - * High drought exposure

Annual Precipitation in Arizona



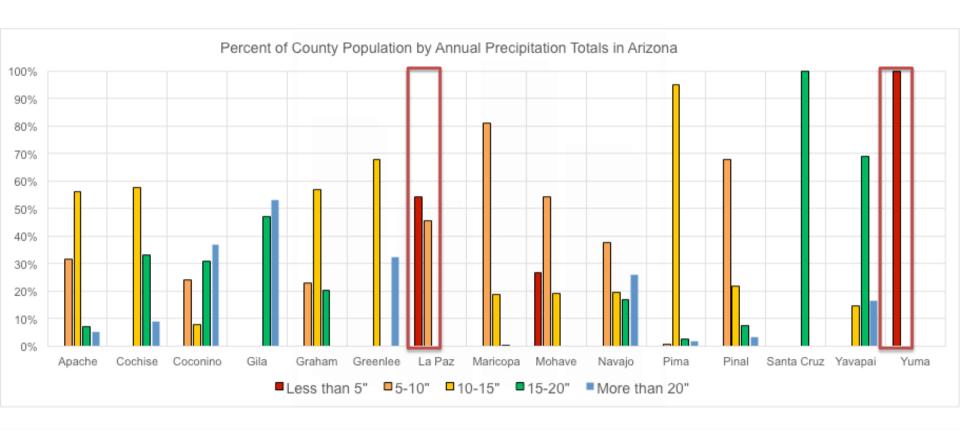




values represent the CMPS ensemble mean projection. Basemap sourced from ESR



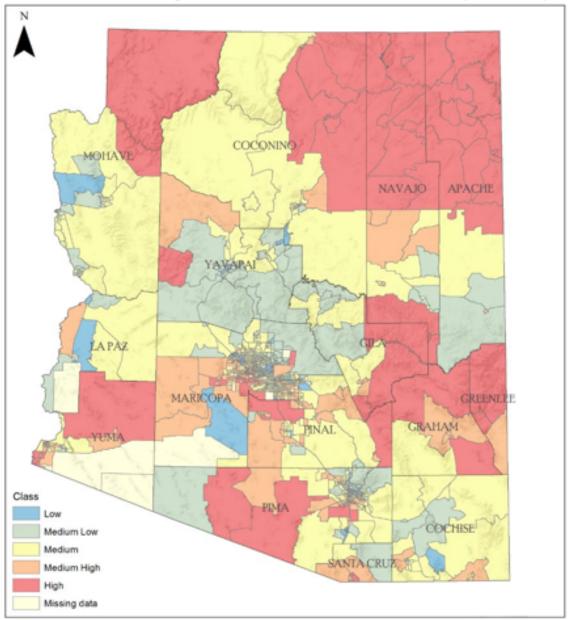
Precipitation by County



Social Vulnerability

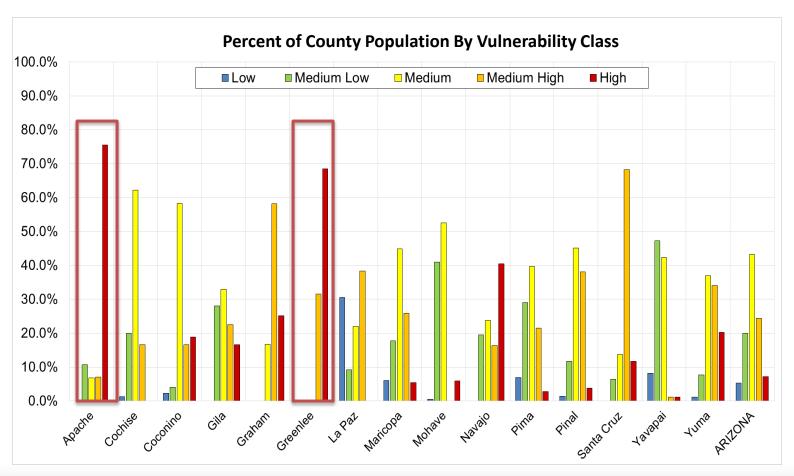
- Poverty
- Over 65 years of age
- Living alone
- Low education

Social Vulnerability to Hazards Index for Arizona



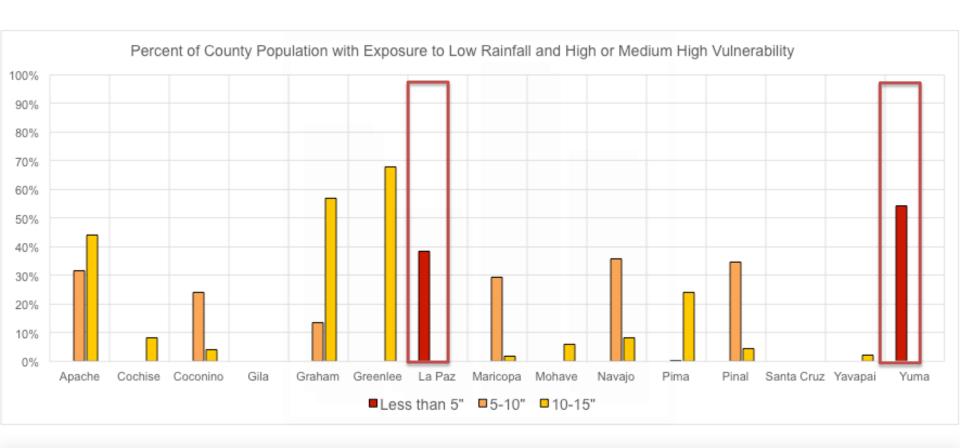


Arizona Vulnerability Analysis





Social Vulnerability and Drought





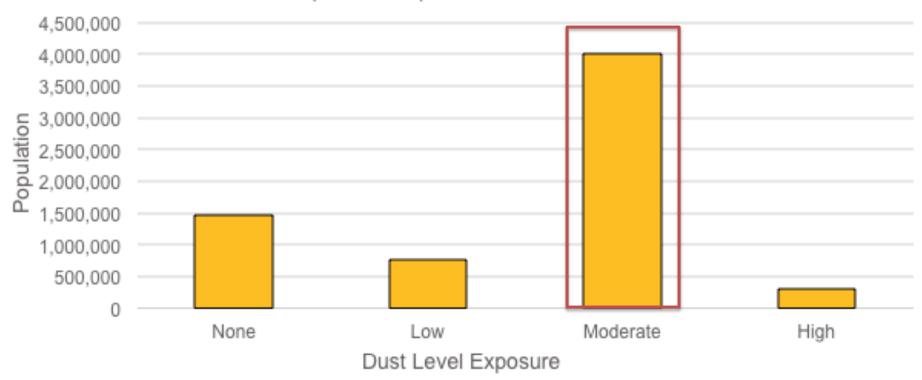


Motor Vehicle Accidents

- 2018
 - 150 motor vehicle crashes from blowing sand, soil, dirt
 - 0 fatalities
 - 86 injured

Dust Storms

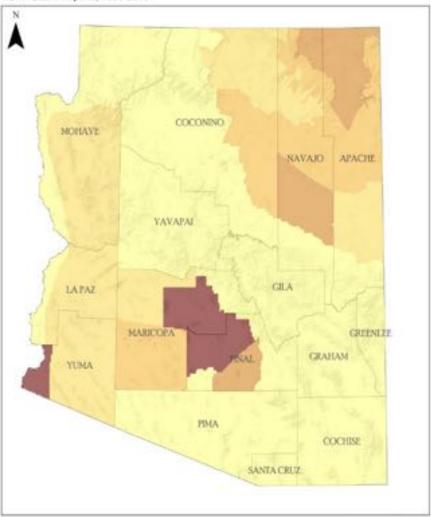
Population Exposure to Dust Storms



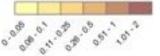
61% of people live in places with moderate dust storm exposure

Dust Storms in Arizona

NOAA Storm Reports, 1996-2015







Notes: Dust storm incidence data derived from NCAA Storm Report Database for Argona, Sasemap sourced from ESRI. For reference: Santa Cruz County is 1,237 square miles in area; Coconina County is 16,650 square miles in area.





Yarnell Hill Fire claims lives of 19 firefighters

Local, state, federal officials express condolences

Mike Leiby - The Independent Jul 2, 2013 🔍 0

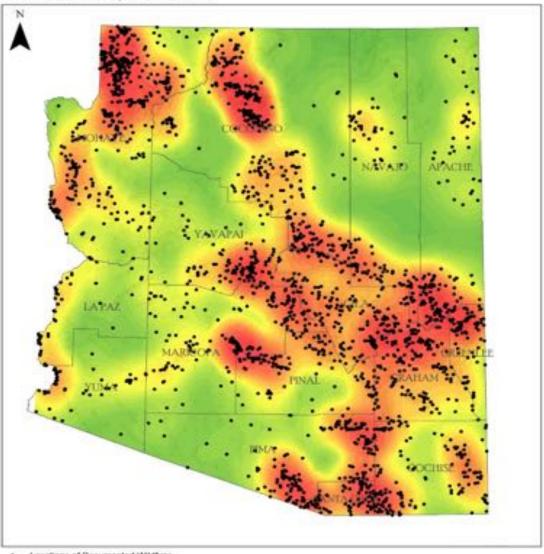




Hotspots for wildfire activity:

- Northern Mohave County
- Northern Coconino County
- Southern Pima County and Santa Cruz County
- A large section of central and eastern Arizona

Wildfires in Arizona USGS Class D-G Reports, 1980-2013



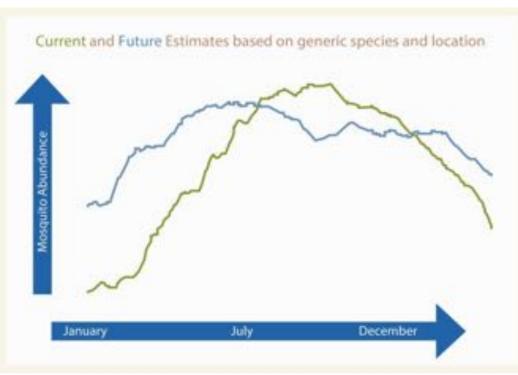
Locations of Documented Wildfires

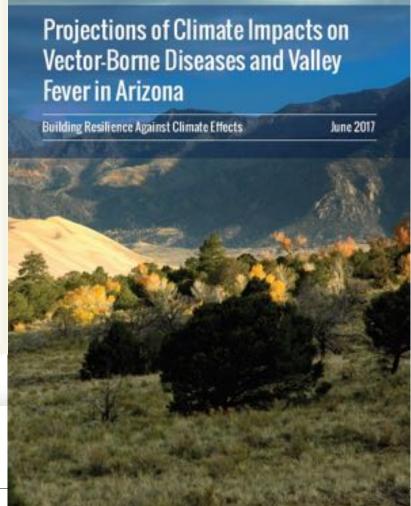
Wildfire Occurrence Density



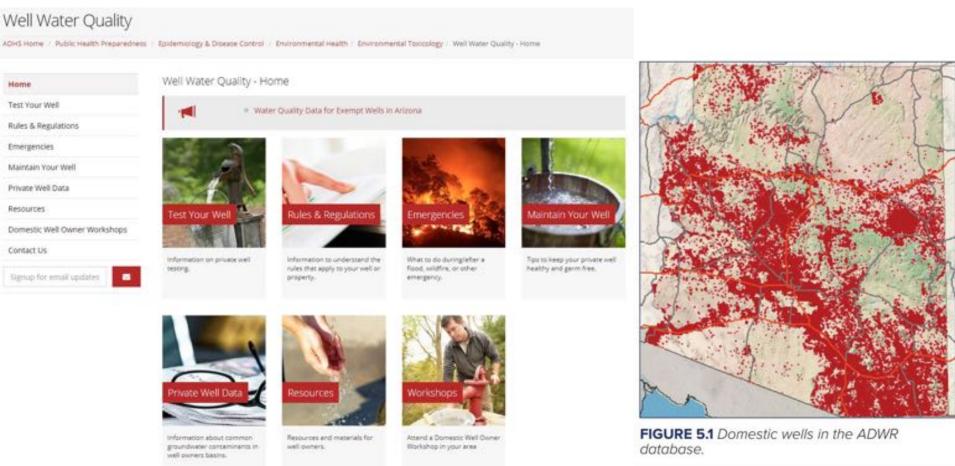
Notes. Wildfire incidence data sourced from the USGS "all agency" compilation. Only fires of class D or above (100 acres in size) are included in this analysis. Each step in the color gradient corresponds to the 5% of pixels with the included intercollated wildfire incidence.

Vulnerable Populations and Projecting the Disease Burden





Well Water Safety





ice, the water becomes more acidic, which dissolves parts of the carbonate-based scale and kills some of the bacteria. The agitation of the bubbling dry ice in the well casing may also loosen some of the particulars scale. The agitation caused by dry ice can become violent, throwing columns of water high into the air. A well should never be capped or sealed when dry ice is used as an agitator as it can produce very high pressures.

Municipal water systems are beginning to use pressurized carbon dioxide gas to sanitize their well systems. The downside of using carbon dioxide is that acidifying the water can corrode metal plumbing.

Because microbial growth and chemical peecipitation happen simultaneously while the well is being used, it requires a carefully planned program of well rehabilization from time to time to prevent bacterial slime growth and screen blockage. Any decline in the performance of the well may indicate the need for rehabilitation. If the cost for operating the well has been slowly increasing, it may be time to investigate it for biofouling, sediment buildup, or a sustained drop in the water table. It takes a trained professional with the proper equipment to remove and install pumps in wells and to safely handle the chemicals used to rehabilitate wells.

DROUGHT

Water tables often drop seasonally or during severe droughts, and some low-yield aquifers that don't recharge quickly may be responding to a drought that started decades ago. Take these steps to help protect your water supply during a drought:

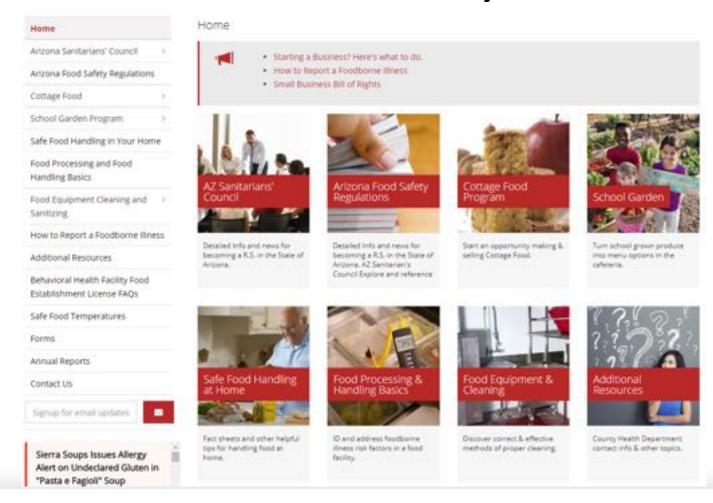
Monitor your pump for rapid cycling.

- One sign of lowered water tables is the rapid turning on and off of the pump over short periods. This rapid cycling can burn out the motor, and the heat generated by a submersible pump can damaged the drop-pipe if it is made of PVC. Allow the pump to rest, or, if possible, reduce the pumping rate.
- Listen to the pump. If pumping causes the sounds of "sucking sit," rum the pump off and allow it to rest.
- If the pump is rapidly cycling, consider the installation of a pump/motor protection devise, which monitors load and power conditions. Some systems monitor and diagnose motor load to prevent pump or motor failure due to conditions such as low-flow wells, pump damage, clogging, or power surges.
- Check for sand in the toilet tank. When the water table is drawn down below the screen, the well may begin to produce sand. This is the fine sediment that is eroded out of the aquifer and drawn into the well. If you notice sand in the toilet tank, the well is in danger of going dry and the pump will likely be damaged.
- Watch for milky water. Water that appears milky at first and then clears after standing can be caused by the pump drawing air and may indicate that the water table has dropped.
- Consider lowering the pump.
 Depending on the depth of the well,
 lowering the pump may be an option.
 Check with a licensed pump installer.
- Have the water tested. As the water table drops and pulls air into the aquifer, the chemistry of the water will change.
 Sometimes exposing the aquifer to





Food Safety





Arizona Drought Preparedness Plan

OPERATIONAL DROUGHT PLAN



Governor's Drought Task Force

Governor Janet Napolitano

October 8, 2004

Nutrition and Hygiene

In Arizona, the major drought impact related to nutrition and hygiene are the impacts on food establishments and schools, due to insufficient quality or quantity of water supplies for food preparation and personal hygiene. The Arizona Department of Health Services has a guidance document that describes how to safely operate food establishments and schools during a

ARIZONA DROUGHT PREPAREDNESS PLAN Operational Drought Plan 10-08-2004 10

GOVERNOR'S DROUGHT TASK FORCE

community water outage. The guidance documents are located on the Department's website at http://www.hs.state.az.us/phs/oeh/fses/index.htm.



^{*} Relating to or constituting any infectious disease that can be transmitted from animals, both wild and domestic, to humans. The word is derived from Greek words zoon (animal) and nosos (disease).

Arizona Drought Preparedness Plan

OPERATIONAL DROUGHT PLAN



Health

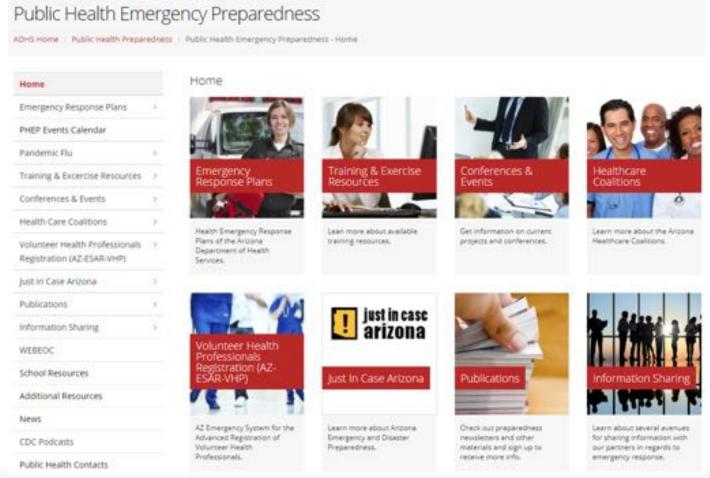
Mental Health

Air Pollution

Zoonotic Diseases

Nutrition and Hygiene

Emergency Preparedness



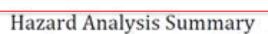


State of Arizona Hazard Mitigation Plan

2018



Arizona Department of Health Services
Wildfire Incident Annex



The likelihood of a wildfire in the State of Arizona remains extremely high as drought conditions remain in effect and has been identified as one of the top five public health threats in the state.

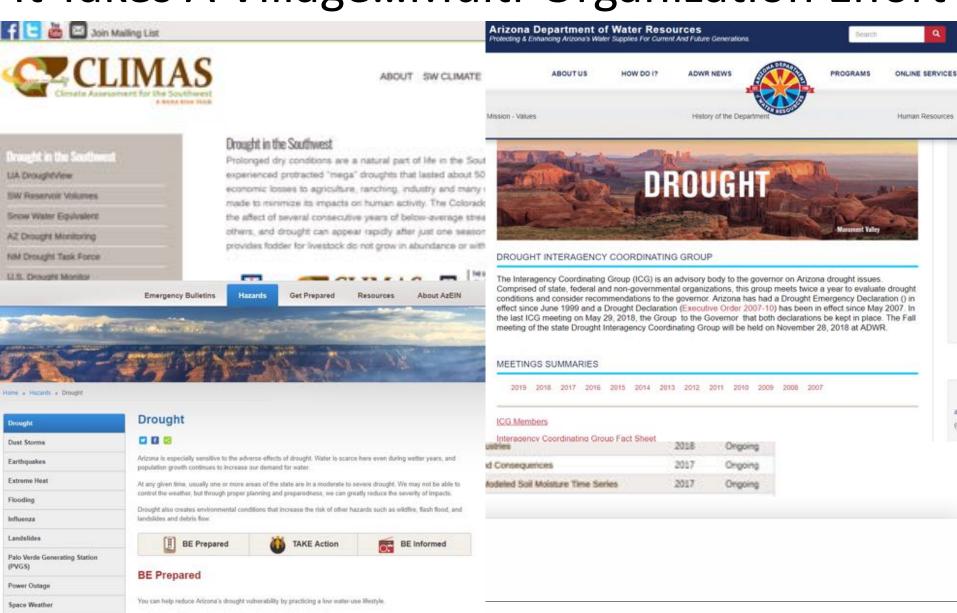
Capability Assessment

In 2011 the Centers for Disease Control and Prevention (CDC) created the Public Health Preparedness

Capabilities: National Standards for State and Local Planning to bridge the gap between public health and emergency preparedness by adapting names and definitions from the U.S. Department of Homeland Security Target Capability List. These capabilities are used to assist public health departments in developing annual and long-term preparedness plans to guide their preparedness strategies and investments. These standards will be refined over time as emerging evidence becomes available to advance our preparedness knowledge. In alignment with the Public Health Preparedness Capabilities, the Assistant Secretary for Preparedness and Response (ASPR) and the Department for Health and Human Services (HHS) developed a set of capabilities



It Takes A Village...Multi-Organization Effort



· Replace high water using plumbing and futures with low-flow futures.

Conduct home water audits and leak detection. Fix leaking faucets and replace faulty fixtures

Nuclear Devices

Drought



Health Implications of Drought

Water

Food and Nutrition

Air Quality

Sanitation and Hygiene

Recreational Risks

Infectious Disease

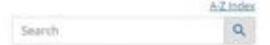
Chronic Disease

Diseases Transmitted by Insects and Animals

CDC Resources on Drought https://www.cdc.gov/nceh/drought/

default.htm





Drought and Health









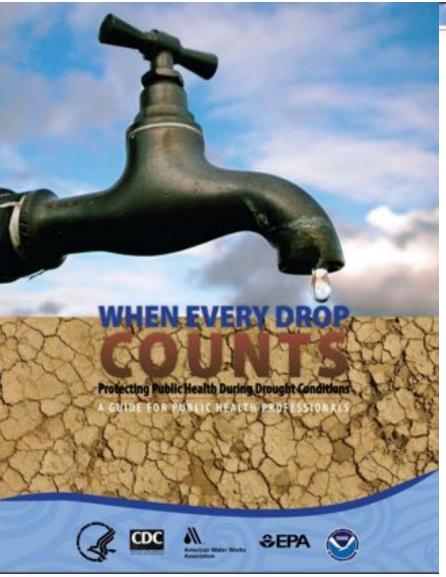




Drought is what happens when rainfall is lower than normal for a long time. Droughts can last a single season, a whole year, or for many years and can affect a few hundred or millions of square miles. Drought affects communities differently depending on

- Who lives in the community, because some people are more affected by drought than others based on things like health conditions and age
- · What kind of water system the community has
- What rules the community has about water upp
- · Other economic and social factors.

Severe drought can also affect air quality by making wildfires and dust storms more likely. Smoke from wildfires and particle pollution from dust storms can make anyone sick, but some people are at higher risk.



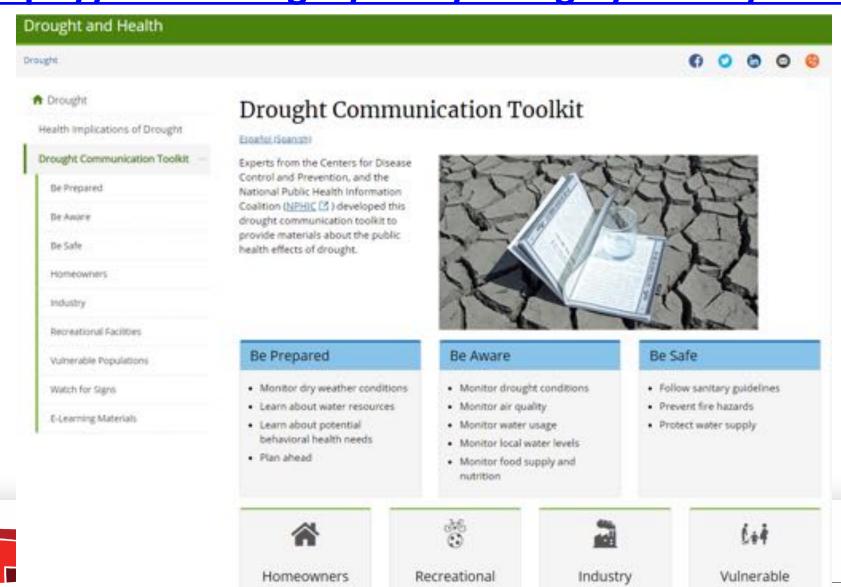


Health and Wellness for all Arizonans

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CDC Drought Communication Toolkit https://www.cdc.gov/nceh/drought/toolkit/default



Facilities

Populations

EVACUATION OF YOUR PETS

As soon as you hear you may have to evacuate, movelarger animals to safety, confine pets in the house, and have leashes, carriers, trailers, and medicines ready. Evacuate your pets with you. If you are headed for a hotel, call shoud and ask if they will waive "no-pet" policies.

If you are unable to keep your pets with you and need to find temporary housing for your pets, contact your county health department or local humane society.

Wash hands and use hand sanitizer frequently

CROWDED SETTINGS AND YOUR HEALTH

Minimize the spread of disease

Cover coughs and sneezes
Wear hard soled shoes to avoid wounds and infections

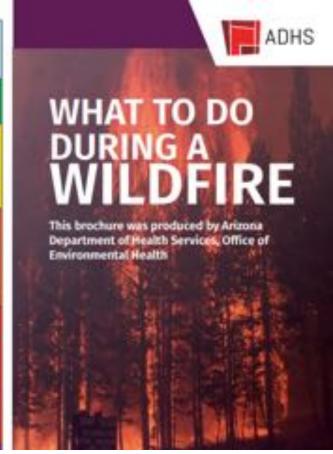
DO NOT share things such as food, drinks, utensils, and pillows even with family members

Maintain good general health

 Drink and cook with bottled water unless officials	
have determined that the tap water is safe for use	
White and in and will be about and in the case.	

_ Stay	active an	5 130	101	aach	other	about	your
expe	riences.						

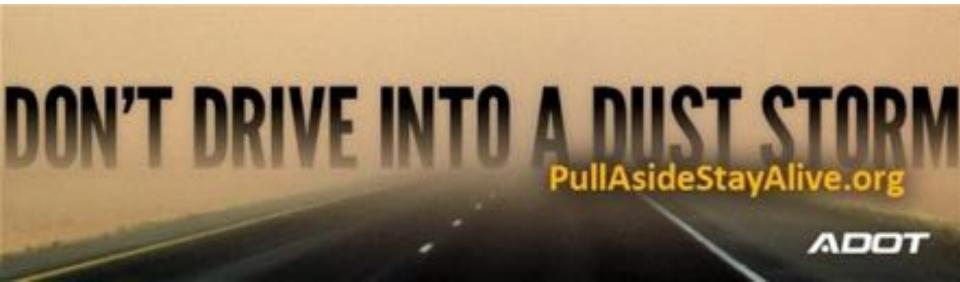
Visibility in Miles	PM _{es} or PM _{es} pg/m3, 1 to 3hr avg.	Health Category (AQI)	Cautionary Statements
10+	0-38	200E 0.700	Mine
5-10	39-88	Moderate (S1-100)	Unusually sensitive people should consider reducing prolonged or heavy exertion.
3-5	89-138	Unhealthy for Sensitive Groups (101-150)	People with heart or long disease, older adults, and children should reduce prolonged or heavy exertion.
15-3	139-350	Unhealthy (151-200)	People with heart or lang disease, older adults, and children should avoid prolonged or heavy exertion. Everyone else should reduce prolonged or heavy exertion.



INTERVENTIONS

Dust Storm

- Forecasting and warning systems
- Public Service Announcements
- Pull Aside Stay Alive
 - Turn off car lights



Wildfire Preparedness

- Evacuation
 Procedures
- Air Filtration
- Forecasting and warning systems
- Public Service
 Announcements



Emergency Bulletins



Minter Fire 75 percent contained, continues to smolder

Posted: 12/18/2018 - 9:37 am

Coconino National Forest | winter fire | Sycamore Canyon Wildherness | Flagstaff | Sedona | smoke |

The Winter Fire, located in the Sycamore Canyon Wilderness approximately 15 miles northwest of Sedona, is currently 65 acres and approximately 75 percent contained.

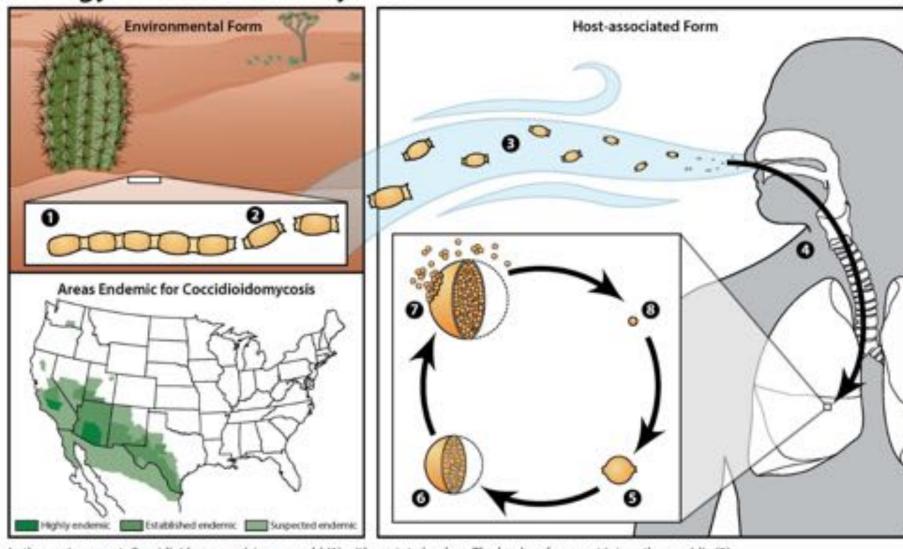
The fire is crawling up the eastern slope of the carryon in an area that is steep and thick with brush, inaccessible to firefighters, and will be placed in monitor status. Firefighters will be checking the area daily.

There are no structures threatened and no official closures, but the public is advised to stay away from the area and not use Winter Cabin Trail, which runs through an area of the wildfire.

As this fire is continues to smolder and



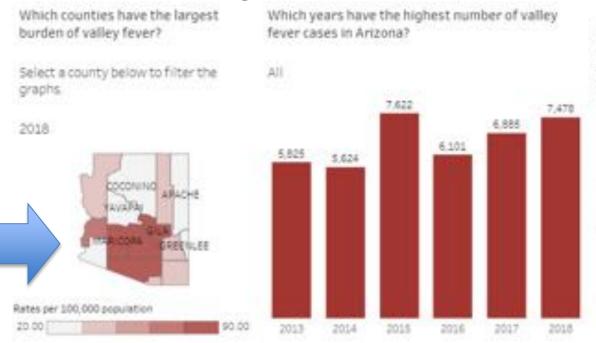
Biology of Coccidioidomycosis (Valley Fever)



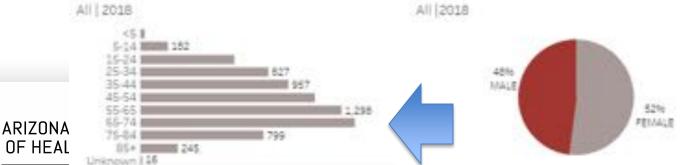
In the environment, Coccidioides spp. exists as a mold (1) with septate hyphae. The hyphae fragment into arthroconidia (2), which measure only 2-4 µm in diameter and are easily aerosolized when disturbed (3). Arthroconidia are inhaled by a susceptible host (4) and settle into the lungs. The new environment signals a morphologic change, and the arthroconidia become spherules (5). Spherules divide internally until they are filled with endospores (6). When a spherule ruptures (7) the endospores are released and disseminate within surrounding tissue. Endospores are then able to develop into new spherules (6) and repeat the cycle.



ADHS Valley Fever Surveillance

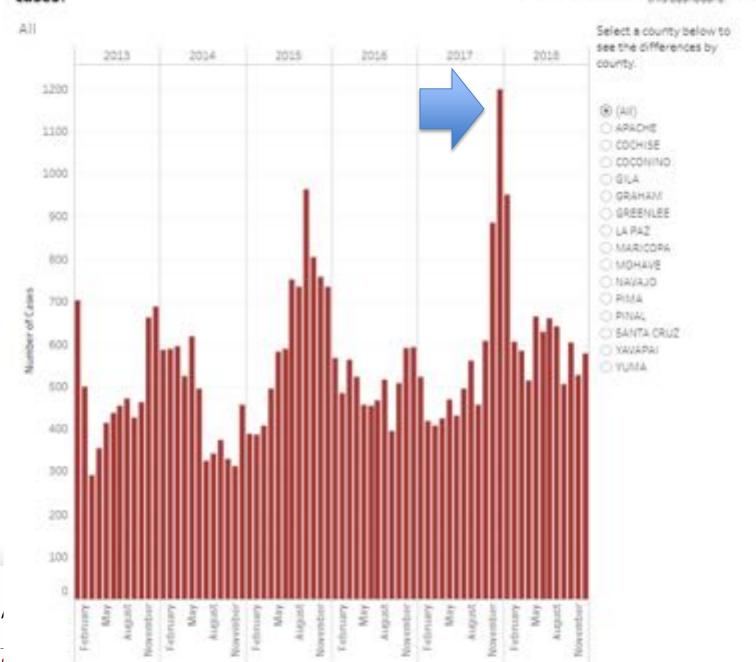


Which age groups are most affected by valley fever in Arizona? Which sex is most affected by valley fever in Arizona?



Which months saw the highest proportion of valley fever cases?

Hover over the icon to get more information on the valley fever data in this deshboard.



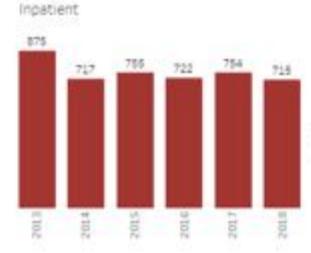


Which counties have the highest number of hospital visits for valley fever?

2018 | Inpatient



Which year had the highest number of hospital visits for valley fever?



Select a year below to see how cocci numbers have changed over time.

C 2013 O 2014 C 2015 C 2016 2017

2018

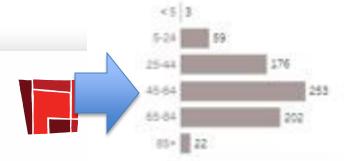
Select between inpatient hospital visits and ED hospital visits.

@ inpatient 0.60

Both Inpatient and ED.

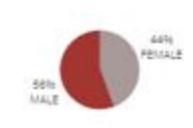
Which age group had the highest number of hospital visits for valley fever?

2018 Inpatient



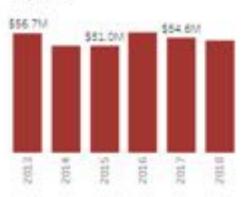
Which sex had the highest number of hospital visits for valley fever?

2018 Inpatient

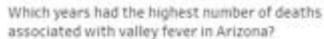


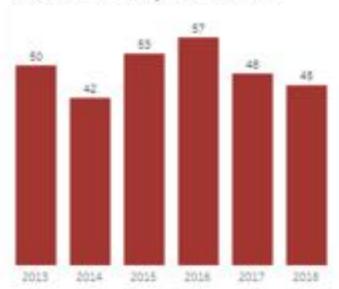
What were the charges for hospital visits for valley fever?

Inpatient

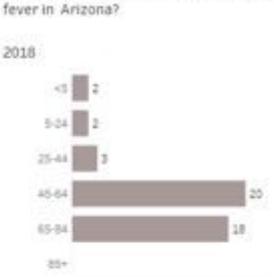


A look at valley fever-associated deaths in Arizona.





Which age groups had the highest number of deaths associated with valley



Select a year below to see how cocci numbers have changed over



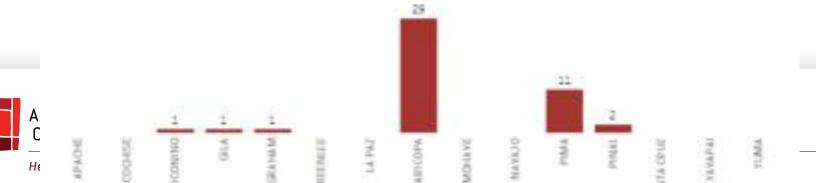
2014 2015

○ 2016 ○ 2017

⊕ 2018

Which counties had the highest number of deaths associated with valley fever in Arizona?

2018



Best Practices

- Multi-organizational approach
- Collaborate with local Environmental Public Health Tracking Programs to showcase data on health department interactive dashboards
- Collaborate with local BRACE Programs to get drought hazard information into climate adaptation plans
- Discuss drought interaction with environmental hazards such as wildfires

Gaps

What are the health costs of drought impacts?

 Is there drought and health data missing from tribal lands?

Conclusions

- Consider applying the BRACE framework to prioritize environmental hazards
- Consider the following health effects related to drought:
 - mental health, physical injury, and respiratory exacerbation
- Consider the following environmental effects related to drought:
 - dust storms and wildfires

Acknowledgements & Disclosures

- Many thanks to the CDC Climate Ready States and Cities Initiative, the Arizona State University BRACE Team, and the University of Arizona BRACE Team for support on this project.
- This presentation was supported by Cooperative Agreement Number 5NUE1EH001318-03-00 and 5 NUE1EH001339-02-00, funded by the Centers for Disease Control and Prevention Climate Ready States and Cities Initiative and Environmental Public Health Tracking Network.
- **Disclosure:** Contents of this presentation are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services.

Thank You for Attending!



THANK YOU

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